



Resources for

# Recipients

Egg, sperm and embryo (both de-identified and known)

Regardless of the reasons people access donor sperm, eggs or embryos, taking the step can be overwhelming and isolating without the right support. Whether you are a woman seeking to start a family on your own, a same-sex couple starting your family or a couple who are experiencing infertility, donor conception can be a wonderful opportunity for intending parents to fulfill their dreams of starting or growing their family.

Our counsellors are here to help you on your journey towards parenthood via donor conception, and to answer your questions about parenting a donor conceived child.



**THE DONOR SIBLING REGISTRY**  
EDUCATING, CONNECTING AND SUPPORTING DONOR FAMILIES

For mutual consent contact between people born from anonymous sperm or egg donation

[take me there >](#)



Support for donor conceived people, information on donor conception.

[take me there >](#)



Supporting & Connecting Rainbow Families in QLD

[take me there >](#)



**Donor Conceived Aotearoa**

Resources and support for open minded and thoughtful parents

[take me there >](#)



**DONOR CONCEPTION NETWORK**

Donor Conception Network U.K.  
(Please be aware that laws/regulations will be different to QLD)

[take me there >](#)



Eric Blyth is a respected authority on psycho-social aspects of assisted human reproduction.

[take a look >](#)



**ASSISTED REPRODUCTIVE TECHNOLOGY ACT 2024**

[take a look >](#)

**DONOR CONCEPTION INFORMATION REGISTER**

[take me there >](#)



**VARTA**

Victorian Assisted Reproductive Treatment Authority

Victorian Assisted Reproductive Technology Treatment Authority (VARTA).  
(Please keep in mind that as VARTA is in Victoria, laws/regulations will differ to other states and territories)

[take me there >](#)



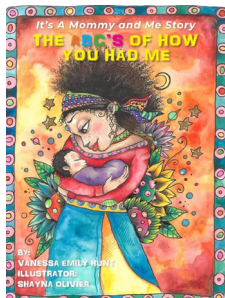
OUTSPOKEN  
Research and written by Jacqui Tomlins

There are some things that are unique to rainbow families; small day-to-day challenges and bigger questions and concerns.

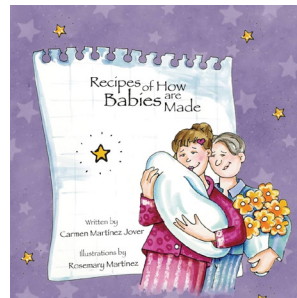
[take me there >](#)

## More resources for recipients...

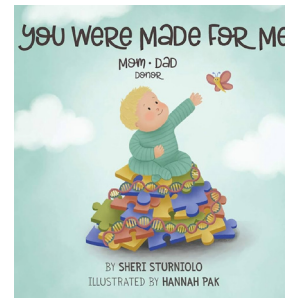
### SOME BOOKS FOR KIDS



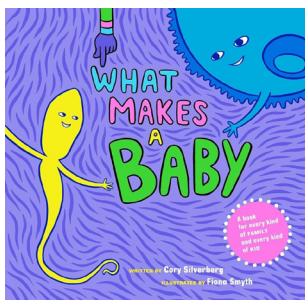
The ABC's of how you had me  
Vanessa Emily Hunt



Recipes of How Babies are Made  
Carmen Martinez-Jover



You Were Made For Me  
Sheri Sturniolo



What Makes a Baby  
Cory Silverberg



Just the Baby for me  
Barbara Levin



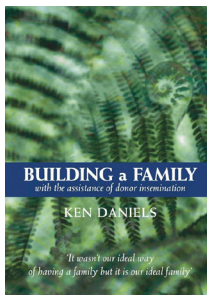
**VARTA**  
Victorian Assisted Reproductive  
Treatment Authority

#### Create a family storybook

A family storybook is a book or movie displaying information concerning how your family was created. Presented in a child-friendly format and can be found using the below link.

[take a look >](#)

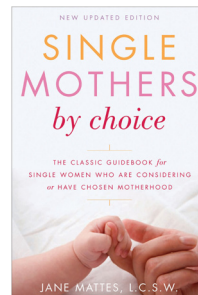
### BOOKS FOR ADULTS



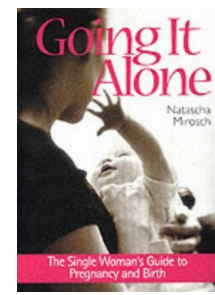
Building a Family  
Ken Daniels



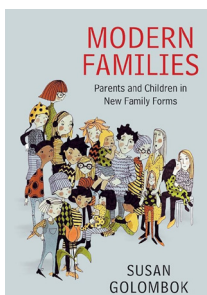
Three Makes Baby  
Jana M. Rupnow



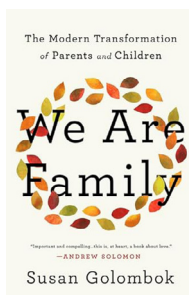
Single Mothers by Choice  
Jane Mattes



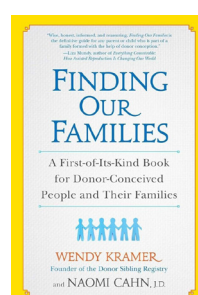
Going it Alone  
Natascha Mirosh



Modern Families  
Susan Golombok



We Are Family  
Susan Golombok



Finding Our Families  
Wendy Kramer



A range of keepsake books, milestone cards, and gift sets, perfect for all single parent families. See below link.

[take a look >](#)

